



# ANAESTHESIA DISCLOSURE AND CONSENT

Ministry Of Health Malaysia

|                        |                                 |
|------------------------|---------------------------------|
| <b>Patient Details</b> |                                 |
| Name .....             | RN .....                        |
| I/C No. ....           | Name Of Surgery/Procedure ..... |
| Gender .....           | <u>Parent / Guardian</u>        |
| Address .....          | Name .....                      |
| .....                  | I/C No. ....                    |

Anaesthetists stress on safety during anaesthesia and endeavour to prevent any complications arising from anaesthesia. Anaesthesia affects the patient's breathing and circulation, while the operation itself also causes changes to the patient's body. The anaesthetist uses special skills and equipment to monitor and manage the patient to ensure their safety during anaesthesia and the operation. Death or permanent disability related to anaesthesia is rare.

## General Anaesthesia

Involves rendering a patient unconscious before an operation. This ensures the patient is not aware of events and does not feel pain during the operation. It is produced by drugs given through a vein and/or breathed from an anaesthesia machine.

## Regional Anaesthesia

Involves using a local anaesthetic to numb a specific area of the body for surgery. Prolonged pain relief without numbness can be achieved by infusing weak solutions of local anaesthetics and narcotic drugs to particular parts of the body after surgery or injury.

## Risks

**Common** risks for ALL patients include :-

- Bruising at the site of injections or intravenous line
- Nausea or vomiting
- Sore throat from the gases and/or the breathing tube. You may notice temporary difficulty in speaking. This should improve after some hours
- Temporary muscle pains
- Temporary headache or blurred vision

**Uncommon** risks for ALL patients include :-

- Awareness of activity in the operating room during anaesthesia, particularly during certain operations and in some emergency situations
- Eye abrasions causing pain and requiring treatment with medication and patching
- Damage to teeth or dental work, lips or tongue

**Extremely rare** risks for ALL patients. These may cause brain damage or death and include :-

- Obstructions in the breathing passages that cannot be readily controlled. These can lead to severe difficulty with breathing
- Allergy to drugs causing wheezing and rash and in rare cases, severe swelling, low blood pressure and poor circulation
- Inherited muscle sensitivity to particular anaesthetic drugs (malignant hyperthermia). This can cause a rapid rise in temperature, heart rate and breathing with high blood pressure and muscle rigidity
- Heart attacks, strokes and pneumonia. While these are uncommon, the risks are higher for patients with diseases of the arteries or lungs and in smokers.

## Risks

**Common** :-

- Muscle weakness in the anaesthetised limb, or difficulty passing urine for a lower body block, while the anaesthetic is working. While this returns to normal as the drugs' effect wear off, a temporary urinary catheter may be necessary
- Headache, which is usually short-lived but can be severe and last some days

**Uncommon** :-

- Damage the nearby blood vessels or organs eg lungs
- Backache may follow spinal or epidural anaesthesia. This usually improves quickly, but occasionally can be lasting
- There is a very small risk of infection or bleeding at the injection site, which may require antibiotic or surgical treatment

**Extremely rare** :-

- Rarely, nerves may be damaged resulting in long-term weakness, pain, altered sensation or paralysis

**Note** \*\*

**There may be other unusual risks that have not been listed here. Please ask your anaesthetist if you have any general or specific concerns.**

RISK CONTINUED OVER →

ANAESTHESIA DISCLOSURE AND CONSENT

**INDIVIDUAL RISKS (to be completed by the anaesthetist completing this form)**

The following are examples of possible risks and complications specific to this patient:

.....

.....

.....

.....

.....

**DECLARATION BY PATIENT / GUARDIAN / PROXY**

- I acknowledge the anaesthetist has informed me about the anaesthetic procedure, alternative treatments and answered my specific queries and concerns about this matter. I understand that a different anaesthetist may give the anaesthetic.
- I acknowledge that I have discussed with the anaesthetist significant risks and complications specific to my individual circumstances that I have considered in deciding to undergo anaesthesia.

**Signature of patient** ..... **I/C No.** .....

**Print name** ..... **Date** .....

**Signature of person consenting if not the patient** ..... **I/C No** .....

**Print name** ..... **Relation** .....

..... **Date** .....

**DECLARATION BY THE ANAESTHETIST PROVIDING INFORMATION FOR THIS CONSENT**

- I declare that I have explained the nature of general and/or regional anaesthesia to be given and discussed the risks that particularly concern this patient.
- I have given the patient an opportunity to ask questions and I have answered accordingly.

**Doctor's signature** ..... **I/C No** .....

**Print name** ..... **Date** .....

**Signature of witness** ..... **I/C No** .....

**Print name** ..... **Date** .....

**REEXPLANATION** .....

.....

**Doctor's signature** ..... **I/C No.** .....

**Print name** ..... **Date** .....

**Signature of witness** ..... **I/C No.** .....

**Print name** ..... **Date** .....